

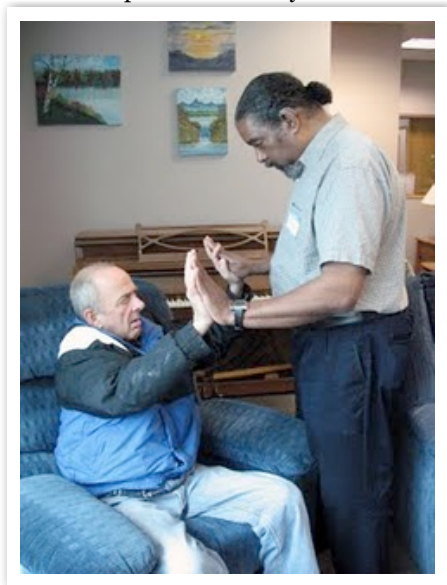
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Always There Adult I Program (ADP) Blog

Tuesday, April 12, 2011

Always There's Adult Day Program Gets The Gift of Reiki.

Today ~ Always There's Adult Day Program was Given the Gift of Reiki from the Team at Hudson Valley Community Reiki
There was great dealing of healing and good energy felt throughout **Always There's Adult Day Program** today. Hudson Valley Community Reiki generously donated their time to help each and every one of our clients.



Some of the Always There Adult Day Program's Responses:
"How Wonderful ~ my pain in my shoulder is gone"

"I feel so light and happy!"

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About Me

AlwaysThere

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"Can we do this again tomorrow and EVERY day PLEASE!"

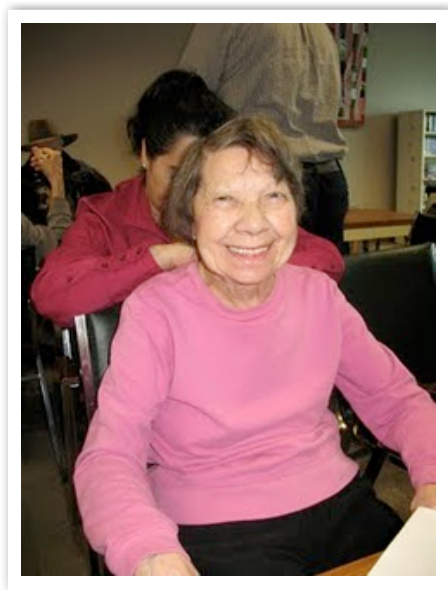
"Look I am walking without my walker ~and I feel good!"

"How lovely!"



Who is Hudson Valley Community Reiki?

We are your Hudson Valley neighbors. The flowering of Hudson Valley Community Reiki has its roots in our ongoing Sunday Reiki shares (where practitioners get together to give and receive Reiki). We love our Sundays together and wanted to share this gift with you.



We each walk our own Reiki path, using Reiki for ourselves, our families, our friends,
our animals and our Reiki clients.

We also teach Reiki to those wanting to deepen their understanding of this gentle

and effective practice.

We welcome the chance to meet any Reiki practitioner wishing to join us.
Please call (845) 616-1219 or e-mail Hudsonvalleycommunityreiki@gmail.com.



What is Reiki ... and what it is not Reiki is

- a form of subtle energy healing that flows through the practitioner
- effective and safe for reducing stress, pain, sleeplessness
- a gentle way to restore balance to your mind, body and spirit
- equally well received by people, animals and all of nature
- easily combined with other complementary healing systems
- considered to have been a gift to founder Mikao Usui
- Japanese in origin
- documented as being effective in a growing number of studies
- increasingly used in hospitals, clinics and other conventional treatment settings
- used before, during and after surgery
- easy to learn and to use for yourself and your loved ones
- a flexible system, offered in person, or across a distance, or toward the past, present or future



For More Information on **Always There**, please visit:

<http://www.alwaystherehomecare.org/>

For More Information on **Hudson Valley Community Reiki**, please visit

<http://www.hvcreiki.org/>

Full Photo Gallery of these sessions can be found on our FACEBOOK page at:

[ALWAYS THERE's FACEBOOK PAGE](#)

Posted by AlwaysThere at 2:43 PM

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